

WFH tips when the children are on school holidays

Get>
Ahead
your virtual agency

With more of us working from home than ever before, you may have to adjust how you work during the summer holidays. Even if it's not your day to take the lead with the children, you may not get the calm working atmosphere you do in term time.

To maximise both productivity and family harmony, remember to...

1 Check term dates and remember there's sometimes an early finish on the last day of school – forward planning pays off

2 Be realistic – don't set expectations too high for either yourself or your children.

3 Share your schedule with your partner or whoever supports you – if you've got all-day online training, it might be a good day for everyone else to go on a picnic!

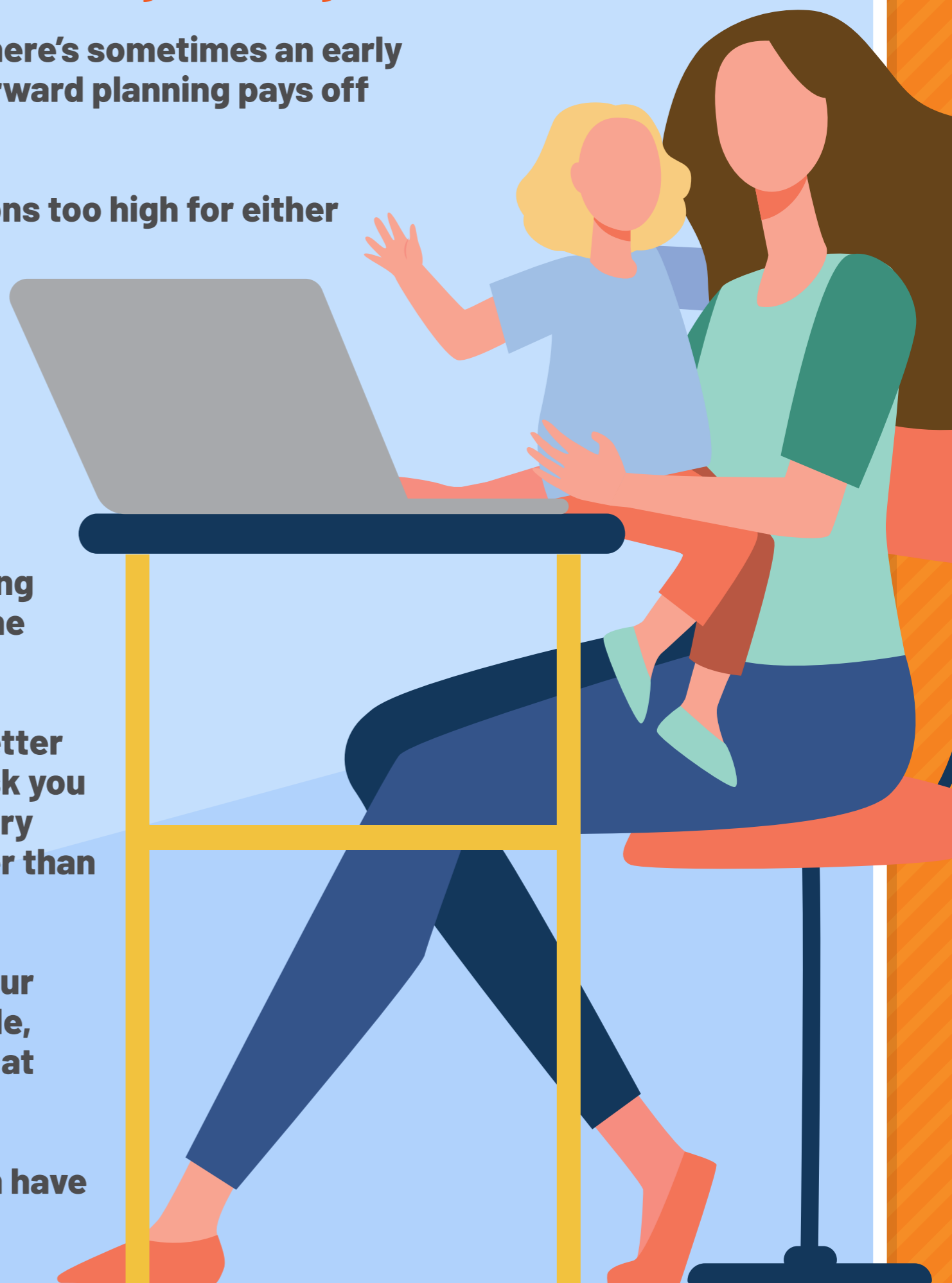
4 Shut the door when you're working – this gives a clear message to the rest of the family

5 Remember that positives work better than negatives. If your children ask you something while you're working, try saying, "yes, when I've done this," rather than "no, not until..."

6 Have lunch with your family – if your children can talk to you at the table, they're less likely to interrupt you at work

7 Finish on the dot so the family can have the evening together

8 Remember that the person in charge of the children might be having a tougher day than the one doing paid work!



Outsourcing can really take the pressure off during the school holidays too. To find out more, visit www.getaheadva.com

